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## **Message from the Editor in Chief**

*Journal of Postgraduate Institute of Indigenous Medicine (JPGIIM)*



It is with great pride and profound satisfaction that we present the Vol 1, Issue No 2, of the *Journal of the Postgraduate Institute of Indigenous Medicine (JPGIIM)* the official research publication of the Postgraduate Institute of Indigenous Medicine, University of Colombo.

As we embark on this scholarly journey, we honour the rich legacy of Ayurveda, Siddha, Unani and Sri Lanka's diverse indigenous medical traditions of healing that have sustained the health, wisdom, and cultural identity of our communities for centuries. In an era increasingly seeking holistic, evidence-based, and sustainable healthcare solutions, JPGIIM aspires to serve as a guiding light, illuminating the nexus where time-honoured knowledge meets modern scientific inquiry.

Our mission is to publish high-quality research, including cutting-edge studies, clinical trials, critical reviews, and innovative explorations that deepen our understanding of indigenous medical practices while ensuring their relevance in contemporary healthcare. We envision this journal as a vibrant platform for scholars, practitioners, and researchers to share discoveries, challenge assumptions, and collectively shape the future of traditional medicine.

I extend my heartfelt gratitude to our contributors, reviewers, advisors, and the entire PGIIM community for their trust, dedication, and unwavering support. It is our hope that the pages ahead stimulate curiosity, inspire meaningful dialogue, and encourage continued excellence in research and practice.

Together, let us honour our heritage, advance scientific knowledge, and contribute to a healthier, more holistic world.

Professor. S M S Samarakoon  
Editor-in-Chief  
Director/PGIIM

