Senior Registrar Training for Foreign MD (Ayurveda/Unani/Siddha) Graduates.

Introduction

To be a medical specialist in the relevant specialty in Sri Lanka, MD with Board Certification is a compulsory requirement. To obtain that qualifier every Indian MD (Ayurveda / Unani / Siddha) graduate should get enrolled in PGIIM to follow Post MD Training Programme of 2 years as a Senior Registrar (SR). Therefore, PGIIM has facilitated Indian MD (Ayurveda / Unani / Siddha) graduates to obtain that qualifier by following a Post MD Training Programme of 2 years as a Senior Registrar.

Eligible MD holders shall register for SR training in any approved MD programme in the PGIM. In addition, some specialties related to Ayurveda (Roga Nidana, Panchakarma, Dravyaguna, Maulika Siddhantha, Agadatantra & Shareera Vignana) Siddha (Kuzhanthai Maruthuvam, Noi Naadal, Nanju Maruthuvam, Siddha Yoga Maruthuvam, Varma Maruthuvam, Sirappu maruthuvam & Puramaruthuvam) and also in Unani (Tahaffus wa Samaji Tibb) though the foreign MD programme completed and return to the country those specialists need to follow SR Training programme under accredited training centers of PGIIM to eligible for the Board Certification of the relevant specialty.

Learning Outcomes

At the end of the post MD training period the expected competencies to be achieved by the trainee (Senior Registrar) are.

- To develop a good clinical practice with the knowledge, skills that obtain through MD by expanding and adjusting the existing practice
- To acquire knowledge and skills to plan disease management with specific formulations and procedures related to Indigenous Medicine System in Sri Lanka.
- To develop skills in preparing specific drug formulations in Ayurveda and Indigenous Medicine System in Sri Lanka.
- To develop capability to perform the hospital administrative work in relation to Sri Lankan hospital setup.
- To enhance the research capacity by conducting a research project
- To improve scientific writing by publishing research papers in peer reviewed index journals.

Eligibility for entry into training programme

Prospective applicants must satisfy the following requirements:

- Doctor of Medicine (Ayurveda / Unani / Siddha) or Master of Surgery (Ayurveda / Unani / Siddha) qualification obtained from an Indian University recognized by the University Grants Commission in Sri Lanka.
- 2. Complying with any other PGIIM general regulations relevant to selection of trainees.

A candidate who has qualified, shall be permitted to enroll for the Post MD training programme leading to Board Certification if that is the wish of the candidate.

The number to be admitted to the training programme among the qualified candidates will depend on the training facilities available as determined by the Board of Study (BOS) /Specialty Boards (Sp. B). of the PGIIM.

Registration procedure

- 1. After completion of MD (Ayurveda / Unani / Siddha), the graduate should collect an application and submit to the completed application to the PGIIM.
- 2. Candidates who have been selected and on payment of the prescribed fees shall be registered by PGIIM to the programme, with the approval of the Board of Management (BOM) and Senate.
- 3. Such registration shall be valid for the specified period from the date of registration.
- 4. The PGIIM shall not repay or refund to any person any fees paid to it on any ground whatsoever except if compelled to leave the course due to medical reasons.
- 5. Postponement of training will not be allowed except under compelling circumstances, deemed acceptable to the BOS on a case by case basis.

Program Content

Stage of Training	Notional hours	Credit value
Post MD local training in stage IV (Learning activities and approximate hours) Hospital Based Skills Learning and Practical Training - 1300 Case presentations and discussion – 125 Portfolio – 50 Independent learning - 25	1500	30
Post MD local training in stage V (Learning activities and approximate hours) Hospital Based Skills Learning and Practical Training - 1300 Case presentations and discussion – 125 Portfolio – 50 Independent learning - 25	1500	30
Conduct a Research project and publication	1000	10
Board Certification Total for 02 years	4000	70

The candidate shall undergo Post MD training prescribed as follows.

Training:

Work under a trainer/s on full time basis for a period of 01year each for 02years at two accredited training units approved by the Board of Study and relevant Specialty Board as Senior Registrars.

They have to submit six-month progress reports to the Board of Study through relevant Specialty Board with regard to fulfillment of the approved objectives.

Training Portfolio:

It is a framework containing evidence of achievement of learning outcomes over time. This evidence is supplemented by the portfolio builder's reflections on their learning and can be used to provide feedback to the learner. The training portfolio should include evidence of specialized procedures, outpatient clinic duties, specialty attendance, grand rounds, conferences, teaching courses and on-call commitments. The portfolio should be prepared and submitted according to the format indicated in Prospectus. The portfolio must be built by the trainee and be up to date at all stages of training.

The portfolio will be regularly supervised by the trainer. The portfolio will have to be produced at the Annual Review and Pre Board Certification Assessment (PBCA).

Research project:

The senior registrars have to conduct a research project with the approval from the relevant Specialty Board under the assigned trainer. End of the project research data should be published in a refereed indexed journal before the completion of the two-year senior registrar period.

Eligibility to appear for the Pre-Board Certification Assessment

- 1. Minimum of 80% attendance overall, in the Post MD training programme
- 2. Submission of Training Portfolio.
- One publication of research project conducted during SR two-year period in a referred indexed journal.

Post MD Annual Review

This is a formative assessment of the performance of the trainee carried out during the SR training. It will be carried out at the end of the 22nd month of training by two assessors appointed by the BOM/BOS/SpB of the PGIIM.

The details are given below (Refer the Prospectus)

It is the responsibility of the trainee to submit the relevant documents related to Annual Review (reports on performance, portfolio and research publication) two months prior to completion of SR training for annual review.

A report will be submitted by the review panel to the BOS. If trainees' performance is not satisfactory as decided by the panel and ratified by the BOS/SpB, the trainee may have to repeat part of the training or entire period of one year as decided by the BOM/BOS/SpB.

Monitoring progress - Reports on performance

The trainer should submit a Report on Performance every six months during the training period. Satisfactory reports are a requirement at the Annual Review and PBCA. Refer the Prospectus for the progress report form.

Pre Board Certification Assessment (PBCA)

During the entire training period the trainee shall maintain the Training Portfolio to document and reflect on his training experience and identify and correct any weaknesses in the competencies expected of him/her.

All trainees are required to apply for the Pre Board Certification Assessment (PBCA) within one month after completion of all stages of their training.

Eligibility criteria

After the completion of the prescribed Post MD(Ay) training programme, to be eligible for the PBCA, the trainee should provide the following, one month before the PBCA:

- Satisfactory Annual Review Reports.
- Evidence of publication.
- Satisfactory Reports on Performance of SR training.
- A power point presentation (about 15 minutes) to the BOS which should be based on SR training received indicating the future vision.

Format of the Pre Board Certification Assessment (PBCA)

The PBCA will take the form of a final, summative assessment of the trainee's portfolio carried out by 3 independent examiners nominated by the BOM/BOS/SpB Board and approved by the Senate of the University of Colombo. The third examiner should be from outside the specialty to improve objectivity. The trainee shall be called for an oral examination, during which he/she will be questioned on the portfolio over a period of 45 minutes. The trainee will be required to start with a presentation of 10-15 minutes, on the post-MD training period. The overall assessment will be based on the areas in the Portfolio Marking Grid (Refer the Prospectus)

If the examiners are of the view that the trainee's performance is unsatisfactory based on the total score, and the trainee should not be given immediate Board Certification, the examiners must provide the trainee with written feedback on how the portfolio should be improved in order to reach the required standard. The trainee must then re-submit the portfolio within a specified period of time (up to 3- 6 months), and face another oral examination based on the re-submitted portfolio. If the trainee is successful at this 2nd oral examination, the date of Board Certification should be backdated as done routinely. If unsuccessful again, the date of Board Certification will be the date of passing the subsequent PBCA following further training for a minimum period of six months in a unit selected by the Specialty Board.

PBCA failed candidate

A trainee who fails the PBCA will be advised by the panel on exactly how the portfolio could be improved. In such a case, the necessary corrections and amendments have to be made by the trainee and the portfolio submitted to the same panel of examiners for a second evaluation within one month. A trainee, who still fails, would undergo a third portfolio evaluation by a different panel of examiners appointed by the BOS within two months. Board Certification may be deferred if the candidate is unsuccessful at the portfolio assessment even after the third evaluation. Such candidates should follow a counselling session/s and should undergo a re-evaluation within a maximum period of three (3) months. However, if unsuccessful, the date of Board certification shall be the date of passing the subsequent PBCA.

Board Certification

A trainee who has fulfilled the following criteria is eligible for Board Certification as a Specialist in (Ayurveda/Unani/Siddha) on the recommendation of the relevant SpB and BOS:

- (a) Acceptance of Publication or Oral presentation
- (b) Satisfactorily completed two years local training (Post MD) in training units approved by the BOS/SpB.
- (c) Received satisfactory Reports on Performance from the local trainer/s appointed by the Board of Study.
- (d) Successful completion of the Pre-Board Certification Assessment.
- (e) Any other requirement decided by the Senate/BOM.

The trainee should apply for Board Certification following successful completion of the PBCA (Refer the application for Board Certification)

SpB. / BOS shall look into the details of completion of learning objectives and outcome of Senior Registrar's training as per the maintained Portfolio.

Following this the candidate will be recommended for Board Certification as a specialist in relevant specialty by the Postgraduate Institute of Indigenous Medicine, University of Colombo.